

| Rang | Naam                                    | Datum                        | Tempo    | HR     | Tijd     | m/v |
|------|---|------------------------------|----------|--------|----------|-----|
| 1    | <a href="#">Thomas Mercken</a>          | <a href="#">17 okt. 2020</a> | 3:34/km. | -      | 31:21:00 | m   |
| 2    | <a href="#">Christof Lismont</a>        | <a href="#">14 okt. 2020</a> | 3:47/km. | 175bpm | 33:10:00 | m   |
| 3    | <a href="#">Stijn Scheldeman</a>        | <a href="#">18 okt. 2020</a> | 4:14/km. | -      | 37:08:00 | m   |
| 4    | <a href="#">Aude Scheldeman</a>         | <a href="#">17 okt. 2020</a> | 4:17/km. | -      | 37:40:00 | v   |
| 5    | <a href="#">Tom Van Langendonck</a>     | <a href="#">18 okt. 2020</a> | 4:22/km. | -      | 38:21:00 | m   |
| 6    | <a href="#">Alexander Wouters</a>       | <a href="#">14 okt. 2020</a> | 4:23/km. | -      | 38:28:00 | m   |
| 7    | <a href="#">Gert Wauters</a>            | <a href="#">13 okt. 2020</a> | 4:29/km. | 164bpm | 39:24:00 | m   |
| 8    | <a href="#">Sem Bogaerts</a>            | <a href="#">15 okt. 2020</a> | 4:32/km. | 156bpm | 39:49:00 | m   |
| 9    | <a href="#">Daniel Drion</a>            | <a href="#">13 okt. 2020</a> | 4:52/km. | 140bpm | 42:47:00 | m   |
| 10   | <a href="#">Wouter D'Huys</a>           | <a href="#">15 okt. 2020</a> | 5:08/km. | 135bpm | 45:02:00 | m   |
| 11   | <a href="#">Janne Bamps</a>             | <a href="#">15 okt. 2020</a> | 5:08/km. | -      | 45:03:00 | v   |
| 12   | <a href="#">Jan Jacobs</a>              | <a href="#">15 okt. 2020</a> | 5:08/km. | 142bpm | 45:06:00 | m   |
| 13   | <a href="#">Britt Vanherle</a>          | <a href="#">18 okt. 2020</a> | 5:10/km. | -      | 45:22:00 | v   |
| 14   | <a href="#">Thomas Martens</a>          | <a href="#">18 okt. 2020</a> | 5:11/km. | 143bpm | 45:30:00 | m   |
| 15   | <a href="#">Kristof Schroeders BE</a>   | <a href="#">15 okt. 2020</a> | 5:13/km. | 143bpm | 45:52:00 | m   |
| 16   | <a href="#">Wim Jadoulle</a>            | <a href="#">15 okt. 2020</a> | 5:19/km. | 153bpm | 46:40:00 | m   |
| 17   | <a href="#">Peter Claes</a>             | <a href="#">18 okt. 2020</a> | 5:33/km. | 160bpm | 48:46:00 | m   |
| 18   | <a href="#">Wendy Neven</a>             | <a href="#">13 okt. 2020</a> | 5:36/km. | -      | 49:13:00 | v   |
| 19   | <a href="#">Kristel Lambrechts</a>      | <a href="#">11 okt. 2020</a> | 5:38/km. | 169bpm | 49:33:00 | v   |
| 20   | <a href="#">Philippe Simal</a>          | <a href="#">12 okt. 2020</a> | 5:39/km. | -      | 49:35:00 | m   |
| 21   | <a href="#">mieke muermans</a>          | <a href="#">11 okt. 2020</a> | 5:41/km. | -      | 49:54:00 | v   |
| 21   | <a href="#">Jean-Marc Liesens</a>       | <a href="#">14 okt. 2020</a> | 5:41/km. | 135bpm | 49:54:00 | m   |
| 23   | <a href="#">Ik Hij</a>                  | <a href="#">12 okt. 2020</a> | 5:41/km. | -      | 49:57:00 | m   |
| 24   | <a href="#">Jos Vanherle</a>            | <a href="#">18 okt. 2020</a> | 5:41/km. | -      | 49:59:00 | m   |
| 25   | <a href="#">Karen moesen</a>            | <a href="#">18 okt. 2020</a> | 5:43/km. | -      | 50:11:00 | v   |
| 26   | <a href="#">Leen Proesmans</a>          | <a href="#">12 okt. 2020</a> | 5:51/km. | 170bpm | 51:21:00 | v   |
| 27   | <a href="#">Rudy Robbens</a>            | <a href="#">12 okt. 2020</a> | 5:51/km. | 144bpm | 51:26:00 | m   |
| 28   | <a href="#">Philippe Witters</a>        | <a href="#">14 okt. 2020</a> | 5:59/km. | 153bpm | 52:32:00 | m   |
| 29   | <a href="#">Didier Appeltans</a>        | <a href="#">14 okt. 2020</a> | 6:00/km. | -      | 52:38:00 | m   |
| 30   | <a href="#">Frank Moermans</a>          | <a href="#">11 okt. 2020</a> | 6:12/km. | 146bpm | 54:24:00 | m   |
| 31   | <a href="#">Kathleen Leemans</a>        | <a href="#">18 okt. 2020</a> | 6:17/km. | -      | 55:11:00 | v   |
| 32   | <a href="#">Daisy Matthijs</a>          | <a href="#">18 okt. 2020</a> | 6:21/km. | -      | 55:43:00 | v   |
| 33   | <a href="#">Georges Vanschoonwinkel</a> | <a href="#">18 okt. 2020</a> | 6:21/km. | 140bpm | 55:50:00 | m   |